

ALL PURPOSE MARINADE

For me, there's no point in paying a fortune for bottles of marinade when I know I have most of the ingredients on hand. Plus, there are no chemicals or preservatives added when I make it. Here's a simple recipe that goes great with poultry or fish. It's not bad on a steak either.

INGREDIENTS

1/2 cup orange juice

1 tablespoon salt

1 teaspoon ground pepper

2 tablespoons molasses

3 chipotle pepper plus 1 tablespoon adobo sauce

PREPARATION

Mix all of the marinade ingredients together in a bowl.