

About

Award-Winning TV Executive Producer & Writer



I've been telling stories for as long as I can remember. As a television producer, I usually have an army with me setting up lights, running cables, and controlling crowds, while I document everything from bread rising in an oven to crazed reality TV contestants shimmying up the side of a one-hundred-foot tower just to see who gets there first.

But Covid changed all that. Suddenly working side-by-side with a crew of fifty for twelve hours a day didn't seem wise, so I decided to tell stories in a different way-alone, just me and my computer, and with no entourage.

I know I shouldn't say this, but I kind of love it. REALLY love it. So, I hope you join me from time to time to read my stories as a respite from your busy day. I'll try to give you a laugh, a good hack or two, and maybe some tips for how to make a delicious carbonara in less than thirty minutes. Oh yeah, I forgot to mention that I produced over 1500-hours of food television. I picked up a few good tips over the years. I'm happy to share.



Karen Katz is a multi-award winning TV executive producer, showrunner, and writer. She has worked on competition, lifestyle, documentary, reality, children's, and music/variety programming both domestically and internationally.

She just completed her first book, *GETTING SAUCED-How I Learned Everything I Know about Food from Working in TV*, a memoir about her life behind-the-scenes in food television working with some of the country's most beloved chefs; Emeril Lagasse, Julia Child, Bobby Flay, and Buddy Valastro, just to name a few. It's available wherever books are sold and at your favorite on-line bookstores. She also makes a killer paella.

Reach out now for more information about The Katz Tales.

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