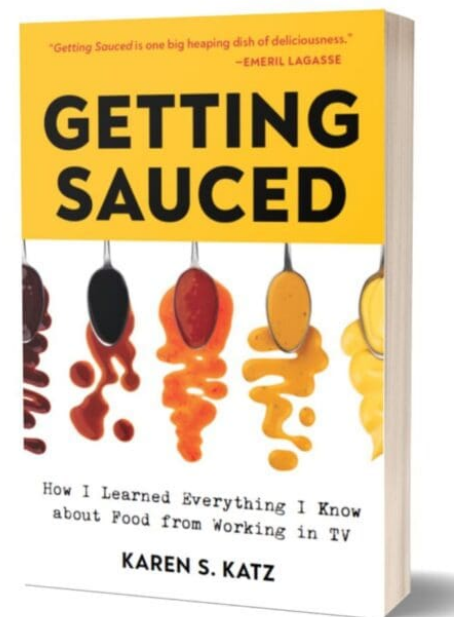


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GETTING SAUCED is now a multi-award winning book!

Here's a taste of what it's all about:

As executive producer of EMERIL LIVE during its glory days, Karen Katz witnessed all the backstage chaos and drama as the show's growing pains were splayed out like a butterflied leg of lamb. Grab a seat at the VIP table and go behind-the-scenes into the wild world of food television production in Karen's memoir, GETTING SAUCED.□

Karen's culinary journey, from a childhood of Mrs. Paul's Fish Sticks to Michelin 3-star dinners, is a glutton-to-glamour

ride. Expanding her food experience from Sunday family take-outs of Moo Goo Gai Pan to the Swiss Alps for spit-roasted wild boar, she eventually finds her way into the Food Network kitchens uncovering all the secrets of how to prep a turducken for television.

Along the way she encounters a culinary Who's Who: Emeril Lagasse, Julia Child, Bobby Flay, Susan Feniger, Jacques Pépin, Jean Georges Vongerichten, Buddy Valastro, Martha Stewart... to name a few. Watch as each, in their own way, teaches Karen, not only how to cook, but how to cook with love and enthusiasm.

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For the past thirty-plus years as a television producer, I've traveled the world sharing stories about food, culture and the people who are passionate about both. Now I'd like to share those experiences with you. I hope you enjoy my blog, and if it makes you hungry, I've got plenty of recipes that will satisfy any pangs.

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Karen

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