

# JACK'S SUNGOLD GAZPACHO

Not surprisingly, a lot of our friends tend to be serious cooks. I recently had this gazpacho at my friend Jack's house. He's one of those guys that knows how to make classic French dishes with wildly naughty sauces. I was surprised that he actually served us this gazpacho – a lean and mean starter that was unbelievably delicious.

It's a quick and easy recipe that is a great way to use all those tomatoes in your garden. He likes to use Sungolds, but cherry tomatoes will work too. They both tend to be a bit sweeter than larger tomatoes and they add a nice flavor profile to the dish.

## **INGREDIENTS** (serves 4-6)

4 cups Sungold tomatoes or cherry tomatoes

1 cucumber, rough chopped

1 green or red pepper, rough chopped

2 garlic cloves, minced

4 tablespoons olive oil

4 tablespoons sherry or white wine vinegar

1 teaspoon salt

fresh basil for garnish

## **PREPARATION**

Combine all ingredients (except fresh basil for garnish) in a food processor. Combine until smooth. It may be a little chunky, which I like, but if you like it super-smooth, continue pulsing it in the food processor until you get a consistency you like.

Chill in refrigerator for one hour. Garnish with fresh herbs.

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# The Classic Side Car

When it comes to cocktails, I usually default to a margarita or gin martini. But sometimes I like to shake things up and use those dusty bottles in the back of my liquor cabinet. One day I found a nice bottle of unopened cognac way in the back and decided to put it to good use by making an old classic, the Sidecar. Whenever I drink one of these, I feel as if I should be wearing a sequined dress, sipping quietly at a booth in an old speakeasy. It's very Nick and Nora.

I can't take credit for the recipe, but here is the standard way to make one.

## **INGREDIENTS**

1  $\frac{1}{2}$  ounces cognac

$\frac{3}{4}$  ounce Cointreau

$\frac{3}{4}$  ounce fresh lemon juice

Sugar (to garnish rim)

Orange twist (for glass garnish)

## **PREPARATION**

Using a coupe glass, rub some lemon around the rim. Coat the rim of a coupe glass with sugar, and set aside. In a shaker, add the cognac, Cointreau and lemon juice. Add ice  $\frac{3}{4}$  of the way up the shaker. Shake well until chilled. Strain and pour into coupe glass. Garnish with an orange twist.

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# CHICKEN WITH MUSHROOM & QUINOA

I think this might be my third or fourth recipe using chicken and mushrooms as the star, but it's one of the few combos that seem to please everyone in our house. This dish is super flavorful and the addition of quinoa makes you think that you're doing something good for yourself. I like it because I cook the quinoa in the same pot so that it absorbs the most flavor and leaves me with one less pot to clean!

## **INGREDIENTS** (Serves 6)

2 Tablespoons French Onion Seasoning, or your favorite spice blend (I love the spices from [Gustus Vitae](#))

4 tablespoons olive oil

2 tablespoons red wine vinegar

1 teaspoon Dijon mustard

2 teaspoons honey

1 teaspoon mirin

$\frac{1}{4}$  teaspoon cayenne pepper

Kosher salt and black pepper

6 boneless, skinless chicken thighs, cut into 2-inch pieces

1 large vidalia onion, thinly sliced

$\frac{3}{4}$  pound mushrooms, brushed clean and thinly sliced

1 cup quinoa

1 cup white wine

$\frac{1}{4}$  cup soy sauce

$\frac{3}{4}$  cup mushroom broth (or vegetable or chicken stock)

$\frac{1}{2}$  cup parsley, chopped (for garnish)

$\frac{1}{2}$  cup Parmesan cheese, finely grated (for garnish)

## **PREPARATION**

Season the chicken with the spice blend, then place in a Ziploc bag.

In a medium sized bowl, combine two tablespoons of the olive oil, the vinegar, mustard, honey, mirin, and cayenne pepper. Add salt and pepper to taste. Mix with a whisk and pour into the Ziploc bag. Seal bag after letting the air out. Massage the marinade around the chicken and place in the refrigerator overnight.

Then next day, remove the chicken from the refrigerator while you prepare the vegetables.

Heat a large dutch oven over medium high heat. Add two tablespoons of olive oil. When oil is hot, add the sliced onions and cook for 5 minutes. Add the mushrooms and cook for an additional 4 minutes, stirring occasionally.

Move the veggies to the side and place the chicken pieces and any remaining marinade on the empty side of the pot. Cook for three minutes, then turn the chicken over and cook for another three minutes. Combine the chicken and veggies together.

Add the quinoa, wine, soy sauce, and broth. Mix together.

Bring to a boil, then put down to a simmer for twenty minutes, stirring occasionally. .

Remove from the heat and let rest for five minutes to allow

quinoa to absorb any remaining liquid.

Serve in bowls and garnish with the parsley and cheese.

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## APPLE SAUCE WITH RAISINS

There's nothing like a brisk autumn day in the country picking apples. Of course, once you get home you have the same dilemma we all do—what the heck do we do with all of these apples? Here's a simple recipe that solves that problem.

It's perfect for spreading on toast or using as the filling for fritters. I mix it with cottage cheese for a quick breakfast.

### **INGREDIENTS**

6 apples, cored, skinned and cubed into  $\frac{1}{2}$ " pieces

1/8 teaspoon cinnamon

1/8 teaspoon nutmeg

$\frac{1}{2}$  cup raisins

1 tablespoon lemon juice

zest of one lemon

### **PREPARATION**

Combine all ingredients in a pot over medium heat. Cover the pot, but stir every few minutes. If it starts to boil, bring temperature to a simmer. The apples will reduce and get mushy. Cook until you get the consistency you like. I prefer mine a bit chunky, so it takes about 10-15 minutes.

If you like it smooth, continue to cook and use a potato masher to tamp down the apples.

It will keep in the refrigerator for about five days.

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## **SHRIMP RISOTTO**

Recently on a family trip I decided to make shrimp risotto for the gang. Unfortunately, after buying the shrimp, some of the other ingredients I normally use were nowhere to be found. So I improvised and it may actually be better than my original recipe. Give it a try!

### **INGREDIENTS (Serves 6)**

#### **FOR SAUTÉED SHRIMP**

2.5 pounds cleaned medium sized shrimp (chop 1 cup into small pieces for the risotto, reserve remaining shrimp to sauté)

½ stick butter

1 tablespoon garlic, minced

salt and pepper to taste

#### **FOR RISOTTO**

2 tablespoons olive oil

1 shallot, diced

2 teaspoons garlic, minced

1 cup mushrooms, sliced

2 cups Arborio rice

2 cups seafood broth

1 1/2 cups white wine

2 cups clam juice

1 cup Parmesan cheese, grated plus  $\frac{1}{4}$  cup grated for garnish

parsley, chopped for garnish

salt and pepper to taste

### **PREPARATION**

In a medium sized pot, heat the seafood broth, white wine and clam juice together. Taste and season with salt and pepper. Once it has come to a boil, keep on simmer.

Heat the olive oil in a large pot over medium heat. Add the shallot and sauté for two minutes. Add the garlic and sauté for 30 seconds. Add the mushrooms and sauté for two minutes. Add the rice and sauté for one minute. Season with salt and pepper.

Begin to add the liquid to the mixture one soup ladle at a time. Slowly stir it into the rice and continue to add the liquid as the rice absorbs it. After 18 minutes add the chopped shrimp. After an additional two minutes add the Parmesan cheese and continue to stir until the risotto is al dente or a texture to your liking. Taste and add salt and pepper if needed. (Total cook time for rice is between 22 – 25 minutes).

In a large skillet, heat the butter and add the garlic. Lay out the shrimp evenly in the pan and season with salt and pepper. Once the bottom starts to turn pink, flip the shrimp over and continue to cook until the shrimp are cooked through, pink and firm.

To plate, ladle some of the risotto into a bowl. Place 6 – 8

shrimp on top, garnish with Parmesan and parsley.

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## **Asian Style Ribs**

Since I was a kid, I have always loved the ribs from Chinese restaurants. The tangy, sweet Char Siu sauce beats out every other barbecue sauce in my mind. After a lot of trial and error, I think I've come up with a recipe that comes close. The only thing I don't use is the red food coloring that is often found in authentic recipes—I'm just not into that. It's a great dish to cook on the grill for an end of summer party.





**INGREDIENTS (serves 6-8)**

2 racks baby back ribs

Chinese five spice powder

salt

2 ziploc bags

**MARINADE**

$\frac{1}{4}$  cup soy sauce

$\frac{1}{4}$  cup hoisin sauce

2 tablespoons duck sauce  
1/3 cup rice wine vinegar  
4 garlic cloves, minced  
1/4 teaspoon Chinese five spice powder  
1/2 teaspoon mustard powder  
1 teaspoon fish sauce

### **GLAZE**

1/4 cup soy sauce  
1/4 cup hoisin sauce  
2 tablespoons duck sauce  
1 tablespoon rice wine vinegar  
1/4 teaspoon Chinese five spice powder

### **GARNISH**

3 teaspoons scallions, finely chopped  
1 teaspoon green wasabi sesame seeds

### **PREPARATION**

Remove the thin membrane from each rib rack. Generously season the ribs with salt and Chinese five spice powder.

In a bowl, combine all of the marinade ingredients. Cut the rib racks in half so that they can fit into a Ziploc. Put one 1/2-rack each into a Ziploc. Pour half of the marinade into one, half into the other. Close the bags tightly and massage the

ribs to make sure the marinade covers throughout. Place in fridge overnight.

When ready to grill, remove ribs from fridge 30 minutes before at room temperature.

Heat grill to medium heat. Place the ribs on the grill bone side down and cook for 2 hours on indirect heat.

In a bowl, combine all of the glaze ingredients. Split the glaze into two bowls, one for glazing and one for serving. Start brushing the ribs with the glaze during the last half-hour of cooktime. Keep an eye on them because the sugars in the glaze can burn easily. Glaze every ten minutes or so.

After two hours, test the ribs to see if they are at 185 degrees internal temperature. Once they are, remove from grill and allow to rest for ten minutes. While resting, in a small saucepan, bring the remainder of the glaze to a simmer. Set aside.

To serve, cut the racks into individual ribs and place on platter. Garnish with scallions and green wasabi sesame seeds. Serve with the remainder of the glaze on the side. I like to serve it with a nice [kohlrabi slaw](#).

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## Tomato and Cucumber Salad

Looking for what to do with all those delicious cherry tomatoes and cucumbers that all seemed to ripen at the same time? Are your herbs offering a particular big bounty this year? Try this garden salad and have the satisfaction of knowing you made it mostly from your own homegrown garden. It will never taste fresher.

## **INGREDIENTS (serves 2)**

### **FOR SALAD**

1 cup cherry tomatoes, cut in half

1 cucumber, skinned and diced into small cubes

$\frac{1}{4}$  cup red onion, very thinly sliced

### **FOR DRESSING**

1 garlic clove, minced

3 tablespoons olive oil

2 tablespoons balsamic vinegar

1 tablespoon fresh lemon juice

1 teaspoon Dijon mustard

1 teaspoon fresh parsley, finely chopped

1 teaspoon fresh chives, finely chopped

1 teaspoon fresh oregano, finely chopped

zest of one lemon

salt and pepper

### **FOR GARNISH**

4 ounces feta, crumbled

## **PREPARATION**

In a medium sized bowl, combine the tomatoes, cucumber, and red onion. Gently toss.

In a jar, combine all of the dressing ingredients. Close jar and shake vigorously. Pour dressing on top of salad and gently toss. Garnish with feta cheese.